Your Emergency Solu-Cortef™ (hydrocortisone) Injection Kit

Preparation:
- Wash your hands thoroughly before preparing the injection.
- Check the label to ensure you have Solu-Cortef™.
- Check the expiry date on the ACT-O-VIAL®.

Your Emergency Injection Kit contains:
- 1 x 2mL Solu-Cortef® ACT-O-VIAL®
- 2 x Alcohol Swabs
- 1 x 3mL Single Use Syringe
- 1 x Vial Access Cannula or Drawing Up Needle
- 1 x Injection Needle
- 1 x Cotton Swab

1. Put the ACT-O-VIAL® on a hard surface.
2. Place the palm of your hand on the lid of the ACT-O-VIAL®.
   Press down firmly on the lid to force the liquid into the bottom chamber.
3. Gently mix the solution without shaking it.
4. Rotate the ACT-O-VIAL® turning it upside down a number of times.
   DO NOT SHAKE.
   The solution is initially cloudy but will become clear.
5. Remove the plastic tab that covers the rubber stopper with your fingernail.
6. Wipe the top of the ACT-O-VIAL® with an alcohol swab.
7. Place the ACT-O-VIAL® on a firm surface, and insert the access cannula or drawing-up needle through the rubber stopper.
8. With the access cannula or drawing-up needle in the ACT-O-VIAL®, invert the bottle and without shaking it, replace it with the injection needle, using the needle size recommended by your clinician.
   Flick the syringe to remove any bubbles.
9. Expel any excess air.
10. Divide the thigh into 3 sections.
11. Holding the syringe firmly, give the injection by quickly inserting the needle fully through the skin surface into the muscle layer.
12. Push the plunger until the dose is fully injected.
   This will only take around 10 seconds.

- Do not recap the needle.
- Press the cotton swab firmly over the site for a few seconds.
- The injection will work quite quickly, but supervision is still required.
- Reassure and take the patient to hospital for review as soon as possible.
- Remove the needle and place in a SHARPS CONTAINER.

NOTE:
- If using a drawing up needle, keep the needle tip below the fluid level.
- Wash your hands thoroughly before preparing the injection.
- Do not recap the needle.
- Press the cotton swab firmly over the site for a few seconds.
- The injection will work quite quickly, but supervision is still required.
- Reassure and take the patient to hospital for review as soon as possible.
- Remove the needle and place in a SHARPS CONTAINER.
An injection of Solu-Cortef™ (hydrocortisone) should be given without hesitation if any of the following symptoms of illness are present:
- Persistent diarrhoea & vomiting.
- High fevers associated with lethargy & pallor.
- Decreased level of consciousness.
- Serious injury such as broken bones, head injury.
- Any procedure requiring anaesthesia or surgery.

If in doubt, give the injection & take your child to hospital for immediate review.

Note:
Patients should consult their medical practitioner about using this emergency treatment.

For further information, please refer to the Solu-Cortef Consumer Medicine Information.