

Your Emergency Solu-Cortef™ (hydrocortisone) Injection Kit



Your Emergency Injection Kit contains:

- 1 x 2mL Solu-Cortef™ ACT-O-VIAL®
- 2 x Alcohol Swabs
- 1 x 3mL Single Use Syringe
- 1 x Vial Access Cannula or Drawing Up Needle
- 1 x Injection Needle
- 1 x Cotton Swab

Preparation:

- Wash your hands thoroughly before preparing the injection.
- Check the label to ensure you have Solu-Cortef™.
- Check the expiry date on the ACT-O-VIAL®.



STEP 1



STEP 2

- Put the ACT-O-VIAL® on a hard surface.
- Place the palm of your hand on the lid of the ACT-O-VIAL®.
- Press down firmly on the lid to force the liquid into the bottom chamber.



STEP 4

- Remove the plastic tab that covers the rubber stopper with your fingernail.



STEP 5

- Wipe the top of the ACT-O-VIAL® with an alcohol swab.



STEP 6

- Connect the 3mL syringe and the vial access cannula or drawing-up needle firmly together.



STEP 7

- Place the ACT-O-VIAL® on a firm surface, and insert the access cannula or drawing-up needle through the rubber stopper.



STEP 8

- With the access cannula or drawing up needle in the ACT-O-VIAL®, invert the bottle and withdraw the correct dose ordered by your doctor.
- NOTE:** If using a drawing up needle, keep the needle tip below the fluid level.



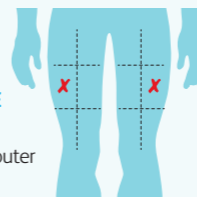
STEP 9

- Withdraw the syringe from the ACT-O-VIAL®.
- Remove the access cannula or drawing up needle and replace it with the injection needle. Use the needle size recommended by your clinic nurse.
- Flick the syringe to remove any bubbles.
- Expel any excess air.



STEP 10

- Divide the thigh into 3 sections.
- Clean the leg area with an alcohol swab **BEFORE** injection.
- Give the injection in the outer middle third of the thigh.



STEP 11

- Holding the syringe firmly, give the injection by quickly inserting the needle fully through the skin surface into the muscle layer.
- Push the plunger until the dose is fully injected. This will only take around 10 seconds.



STEP 12

- Remove the needle and place in a **SHARPS CONTAINER**.
- Do not recap the needle.
- Press the cotton swab firmly over the site for a few seconds.
- The injection will work quite quickly, but supervision is still required.
- Reassure and take the patient to hospital for review as soon as possible.



Emergency Solu-Cortef™ Injection Kit

(hydrocortisone)

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ePRA Code



Instruction piece has been developed by Irene Mitchell, Clinical Nurse Consultant in Paediatric Endocrinology at Sydney Children's Hospital and is supported by Pfizer Australia.



Emergency Contacts

Dial in an emergency - 000

Guardian 1

Guardian 2

Endocrinologist

Paediatrician

General Practitioner

When to Give

Emergency Solu-Cortef™ Injection

An injection of Solu-Cortef™ (hydrocortisone) should be given without hesitation if any of the following symptoms of illness are present:

- Persistent diarrhoea & vomiting.
- High fevers associated with lethargy & pallor.
- Decreased level of consciousness.
- Serious injury such as broken bones, head injury.
- Any procedure requiring anaesthesia or surgery.

If in doubt, give the injection & take your child to hospital for immediate review.

Note:

Patients should consult their medical practitioner about using this emergency treatment.

For further information, please refer to the Solu-Cortef Consumer Medicine Information.